

Progressive changes in descriptive discourse in First Episode of Schizophrenia: A longitudinal computational semantics study

Authors: Maria Francisca Alonso-Sánchez^{1,2}, Sabrina D. Ford^{2,3}, Michael MacKinley^{2,3},
 Angélica Silva², Roberto Limongi², and Lena Palaniyappan²⁻⁵.

¹ CIDCL, Fonoaudiología, Facultad de Medicina, Universidad de Valparaíso, Chile.

² Robarts Research Institute, Western University, London Ontario, Canada.

³ Lawson Health Research Institute, London Ontario, Canada.

⁴ The Brain and Mind Institute, Western University, London Ontario, Canada

⁵ Department of Psychiatry, Schulich School of Medicine and Dentistry, Western University, London Ontario, Canada.

Correspondence: Lena Palaniyappan, Robarts Research Institute, 1151 Richmond Street N.,
 Room 3208, UWO, London, Ontario, Canada, N6A 5B7

Telephone: (519) 931-5777 (ext. 24398)

Email: lpalaniy@uwo.ca

Abstract Word Count: 226

Total Word Count: 7318

Abstract:

Computational semantics, a branch of computational linguistics, involves automated meaning analysis that relies on how words occur together in natural language. This offers a promising tool to study schizophrenia. At present, we do not know if these word level choices in speech are sensitive to illness stage (i.e. acute untreated vs. stable established state), track cognitive deficits in major domains (e.g. cognitive control, processing speed) and relate to established dimensions of formal thought disorder. Here we study samples of descriptive discourse in patients with untreated first episode of schizophrenia ($x \pm 2.8$ days of lifetime daily dose exposure) and healthy subjects (246 samples of 1-minute speech; $n=82$, FES=46, HC=36) using a co-occurrence based vector embedding of words. We obtained six-month follow-up data in a subsample (99 speech samples, $n=33$, FES=20, HC=13). At baseline, the evidence for higher semantic similarity during descriptive discourse in FES was substantial, compared to null difference (Bayes Factor =6 for full description; 32 for 10-words window). Moreover, there was a linear increase in semantic similarity with time in FES compared to HC (Bayes Factor= 6). Higher semantic similarity related to lower Stroop performance (accuracy and interference, response time), and was present irrespective of the severity of clinically ascertained thought disorder. Automated analysis of non-intrusive 1-minute speech samples provides a window on cognitive control deficits, role functioning and tracks latent progression in schizophrenia.

Keywords: Semantics; schizophrenia; longitudinal; NLP; lexical; linguistics; inhibition; cognitive control

1. Introduction

Language disorganisation is a prominent feature in psychosis, and it is commonly encountered as a disorder in generating interpersonal discourse. This produces a significant functional impairment especially as it interferes with one's ability to describe or explain attributes and thus socialise in everyday life¹. When having a descriptive discourse that describes a concrete referent such as a picture to a second person, patients with schizophrenia make unusual word choices², exhibit repetitiveness and convey less information (referred to as 'weakening of goal'³ or 'poverty of content'⁴) than healthy controls^{3,5}. In particular, the restricted repertoire of word selection, characterised by smaller loops of word-to-word connectivity that occurs with more proximal repeats in selected words, becomes apparent even before overt psychosis⁶, predicts later onset of psychosis^{6,7}, and becomes more pronounced during the first episode⁷, and relates to reduces social and occupational functioning⁸.

Descriptive discourse involves multiple levels of cognitive processing⁹ to integrate parts and attributes to the whole to produce a descriptive schema¹⁰. We often employ descriptions in the service of rhetorical functions (i.e., ways to inform, argue, persuade someone) through our choice of words. In psycholinguistic terms, descriptive discourse requires semantic competence¹ and appropriate lexical access to a connectionist system of word organised by their conceptual relation with one another¹⁰. In this context, lexical units (words) with a higher likelihood of occurring together have a stronger connection or a smaller distance between them (distributional semantics)¹¹. This idea follows the original spreading-activation hypothesis of lexical representations in the brain¹². Competitive theories of lexical selection assume that lexical representations must overcome interference from the neighbour's activation through lateral inhibition¹³. Applying this to the picture description task, a failure of appropriate selection via

inhibition at lexical level may give rise to a description that is replete with words that are highly associated with each other, without capturing the different attributes of the picture at hand.

A proactive ‘top-down’ contextual guidance during discourse can reduce the overreliance on the bottom-up activation of the lexico-semantic network for word selection ¹⁴. A breakdown in this contextual guidance, implemented as top-down inhibition from inferior frontal to semantic storage systems ¹⁵, has been variously described in schizophrenia ¹⁶. A large body of literature demonstrates frontal cognitive control deficits in schizophrenia, exemplified by reduced performance in color-word Stroop Task that tests one’s ability to inhibit competing semantic categorical representations when making a choice ¹⁷. In particular, the increased Stroop interference effect, in both response time and accuracy measures, has been interpreted as a marker of impaired inhibitory aspect of cognitive control ¹⁷. Abnormalities in this aspect of cognitive control has been previously related to conceptual disorganization, a symptom related to linguistic aberrations in schizophrenia ^{18,19}. On this basis, we can expect cognitive control deficit to influence the word selection during a descriptive discourse in schizophrenia.

When examining similarity among the words used during a discourse, there are broadly 2 approaches. One approach is to count the instances of the repetition of a word. This phenomenon is described as perseveration in clinical rating scales ^{3,4}. A measure of lexical diversity called Type-Token Ratio (TTR; ratio of unique to total words in a text) is computed based on such repetitions. As exact repetitions are relatively rare, perseveration is often not detectable in cross-sectional interviews ^{20,21}, and results from TTR studies are inconclusive in schizophrenia ^{22–24}. Graph theoretical approaches that rely on the proximity between two repetitions, rather than counting the instances of repetitions, appear to carry diagnostic and prognostic information in

schizophrenia^{8,25}. But this approach cannot distinguish meaningful repetitions of informational value (e.g., “He liked the idea of travel, and the memory of travel, but not travel itself”) from the problematic repetitions that affect communication. The second approach is to employ distributional semantics to estimate the similarity, rather than exact repetition, among a set of words. This taps on a network based distributional model of words. If lexical units are interconnected based on their co-occurrence in everyday language, then similarity among a set of words used during a discourse can be quantified on the basis of this distributional co-occurrence.

Approaches from distributional semantics have been applied to study the relationship among words produced during various speech elicitation tasks in schizophrenia. The most popular approach, introduced by Elvevåg²⁶, involves the use of latent semantic analysis (LSA) that taps on the document-level statistical co-occurrence of words in a large corpus of written texts; this determines their position in the semantic space based on the “company they keep”. The cosine similarity of this spatial index can then be computed among the words spoken by a patient. Several studies have demonstrated the potential utility of distributional semantics in predicting the onset of psychosis^{2,27,28}, examining thought disorder^{29–31} and its neuroanatomical basis of linguistic disruptions in psychosis³². Other similar methods improvised on LSA, by weighting the statistics of co-occurrence on the basis of the actual proximity of words in the sentences occurring in the reference corpora^{33–39}. We employ one such improvised method (CoVec), that has been employed previously in the study of semantic fluency tasks in schizophrenia^{40,41}. Cosine similarity can be computed between words that are adjacent to each other within a window, indicating if words proximal to each other are sampled from a narrow semantic space. As spoken text rarely assumes the form of sentences, a finite moving window (e.g. 5, 10 or 20

words size⁴⁰⁻⁴³) is often used to measure this proximal similarity. Cosine similarity among the full frame of words in a descriptive text indicates the sematic diversity of all words employed to provide the complete description of a referent (e.g., a picture).

Studies employing distributional semantics have often employed the term coherence to describe the degree of similarity (e.g. local coherence⁴², semantic coherence²⁶, or cohesion⁴⁴) or incoherence when describing its pathological reduction^{29,39} (see^{33,45} for a review). While a number of NLP studies have employed the term coherence in this sense, we use the term ‘similarity’ rather than coherence when employing cosine similarity here. Hoffman pointed out that coherence is a psychological experience of a listener and not a property of a text⁴⁶. To experience a text as coherent, the listener must employ a subjective interpretive synthesis that depends on their experience of the referent (i.e., drawing the linkage between the described object and the presented text) and directionality (i.e. which word or idea came first), in addition to the dependency among the lexical/semantic units. Furthermore, words with low probability of co-occurrence can be coherently juxtaposed in certain contexts, that may not be apparent from the text itself. Also, metadiscursive (frameshifting⁴⁶) elements can improve coherence for a listener (e.g., changing topics by saying “to go on a tangent for a bit”). For these reasons, we do not infer semantic *coherence* but only *similarity* from the indices of distributional semantics employed here.

We hypothesize that when faced with the task of providing a description of an unfamiliar concrete referent⁴⁷ (a picture), patients with schizophrenia will employ words with higher probability of semantic co-occurrence (similarity). This anomaly will be evident even in the

untreated, first episode phase of illness and relate to failed cognitive control in patients. We anticipate that unlike healthy controls who will show a static level of similarity in their word choice over time, a progressive worsening over time will be seen among patients, in relation to their social functioning. Of note, we assembled a sample of acutely unwell, first episode patients with < 14 days of lifetime exposure to antipsychotics at baseline. These patients were then treated in an early intervention clinic and followed up at 6 months period to examine their discourse stability. This allowed us to relate treatment variables (antipsychotic exposure) as well as outcome variables (SOFAS scores) to word similarity measures over time.

2. Results

Demographic and clinical characteristics

Healthy controls and FES (First episode of schizophrenia) did not significantly differ in age, gender distribution or educational level. In the FES group, 20% of the participants were first generation immigrants (determined from self-report) while in the matched HC group this was 30%. There was no group difference in the use of English as first language (82% FES and 88% HC had English as first language). All the participants had English as their only transactional language. As expected, HC group performed better on a modified digit-symbol substitution task (DSST) measuring processing speed and Color-Word Stroop task. Clinical and demographic characteristics are provided in Table 1.

>>>>> Table 1 around here <<<<<<<

Baseline differences in word similarity

In the description task, the groups did not differ in the number of words, but had higher similarity in the full frame (ASW-F; moderate degree of evidence against null) as well as in the 10-words frame (ASW-10; very strong evidence against null) compared to the HC group. These

results are shown in Table 2 and Figure 1. To test if this increased word similarity was specific to the picture description task where word choices depend on the discursive discourse, we studied similarity of word choices in a category fluency task (participants were asked to produce as many animals as possible in one minute) from a subsample of subjects (HC $n = 33$, FES $n = 39$). There was no difference among groups in the mean similarity of generated words (HC: 0.497 ± 0.04 ; FES: 0.477 ± 0.05 , $BF_{10} = 0.696$), indicating discourse-related specificity of increased semantic similarity in schizophrenia.

>>>>> Table 2 around here <<<<<<<

>>>>> Figure 1 around here <<<<<<<

Longitudinal changes in word similarity

In the 6-months follow-up sample ($n=33$, FES=20, HC=13), the 2 groups were matched for age (SZ: 22.5 ± 5.0 ; HC: 21.5 ± 3.1 , $BF_{10} = 0.390$) and gender (SZ: 80% male; HC: 70% male, $BF_{10} = 0.611$). Patients with SZ had strong evidence for functional improvement based on SOFAS scores (Baseline: 41.5 ± 13.5 ; follow-up: 61.0 ± 12.9 ; mean change = 19.5 ± 14.3 ; BF_{10} for paired t test = 4868), and clinical improvement based on a reduction in PANSS-8 total score (Baseline: 25.2 ± 5.7 ; Follow-up: 15.1 ± 5.0 , mean change = -10.25 ± 4.9 ; BF_{10} for paired t test >10000) from baseline to follow-up assessment, as expected following clinical intervention (medication doses detailed below). While positive symptoms score improved (Baseline: 12.5 ± 2.6 ; Follow-up: 5.2 ± 1.7 , BF_{10} : >10000), the negative symptoms of the PANSS did not show a notable change between baseline and the follow-up (Baseline: 6.8 ± 3.7 ; Follow-up: 7.1 ± 4.1 , BF_{10} : 0.255), indicating the persistent nature of this core feature of schizophrenia.

To study the longitudinal trajectory of word usage during descriptive discourse, we performed a Bayesian paired t-test from baseline to 6 months follow up in both groups. As shown in Table 3,

the null model was more likely than the difference-between-measures model for the HC group across all the linguistic variables, indicating relative stability of semantic co-occurrence and the number of produced words among healthy subjects, when the same pictures were described twice in a period of ~6 months. In the SZ group, the most notable evidence for the difference between measures was noted for ASW-F. The evidence for a longitudinal increase in ASW-F over 6 months was nearly 6.3 times compared to the null model of no change in patients (Figure 1). We did not see the same level of evidence for linear change in ASW-10 or number of words. For further correlational analysis with cognitive and symptom factors, we selected ASW-F as the linguistic measure of interest.

>>>>> Table 3 around here <<<<<<<

Symptoms, functioning, and word similarity

Among FES subjects, ASW-F at the time of illness onset was higher in the presence of more severe positive symptoms (PANSS-8 positive r : 0.39, BF_{10} : 9.24) and reduced functioning (SOFAS scores r : -0.41, BF_{10} : 128) but this relationship was not seen with PANSS-8 negative (r : 0.08, BF_{10} : 0.18) scores, TLI impoverishment (r : 0.21, BF_{10} : 0.49), disorganization (r : 0.14, BF_{10} : 0.28) or dysregulation (r : -0.06 BF_{10} : 0.20) scores (Figure 2). Among FES subjects that were followed-up, there was moderate evidence for increasing ASW-F in patients with increasing PANSS-8 negative (r : 0.592, BF_{10} : 18.7) but not with change in PANSS-8 positive (r : -0.125 BF_{10} : 0.435), or SOFAS scores (r : -0.04 BF_{10} : 0.322).

>>>>>> Figure 2 around here <<<<<<<<

Cognition and word similarity

When all subjects (patients and controls) at the baseline were considered together, ASW-F was higher in subjects with reduced Stroop accuracy (r : -0.31, BF_{10} : 13.3) The within-group effects

were weaker, but in the same direction (FES only: $r: -0.22$, $BF_{10}: 1.01$; HC only: $r: -0.29$, $BF_{10}: 1.61$). Higher ASW-F cores also related to lower Interference score (of Golden: IG) ($r: -0.29$, BF_{10} of 8.24, ; FES only: $r: -0.20$, $BF_{10}: 0.81$; HC only: $r: -0.25$, $BF_{10}: 1.13$) and prolonged reaction time for the incongruent condition ($r: 0.29$, $BF_{10}: 8.6$; FES only: $r: 0.28$, $BF_{10}: 1.97$; HC only: $r: 0.06$, $BF_{10}: 0.29$). This indicates that semantic co-occurrence in discourse production was higher in the presence of a cognitive control deficit indexed by reduced inhibitory control (poor accuracy) and information processing speed. A more specific index of serial processing speed, DSST, was also lower in the presence of increased ASW-F in the entire sample ($r: -0.48$, $BF_{10}: 304$). This association was largely driven by the FES group ($r: -0.41$, $BF_{10}: 7.99$), not the HC ($r: -0.03$, $BF_{10}: 0.21$) (see more details in the supplementary materials).

Effect of antipsychotics exposure

To investigate possible effects of antipsychotics, we related both the Daily dose (average Daily Defined Dose) and Total Dose (total exposure calculated based on Daily Dose and number of days of exposure) to NW and ASW-F at both time points. As shown in Table 4, the difference between the baseline and follow up measures on NW and ASW-F were not correlated with Daily Dose or Total Dose.

Effect of social factors on word similarity

To investigate possible effects of immigrant status and the use of language other than English at home⁴⁸, we removed 20% subjects that satisfied this criterion, and analysed the difference in ASW-F at baseline. We continued to see evidence in favour of increased ASW-F among patients with FES (ASW-F $BF_{10} = 6.46$). Similarly, when patients were stratified according to education status (<12/>12 years) and by parental socio-economic status (higher than median vs. lower than median) were compared with each other, there was no difference in ASW-F, ASW-10 or NW

(Educational background: ASW-F $BF_{10} = 0.594$, ASW-10 $BF_{10} = 0.581$, NW $BF_{10} = 0.173$;
Socio-economic status: ASW-F $BF_{10} = 0.194$ ASW-10 $BF_{10} = 0.179$, NW $BF_{10} = 0.148$). These results indicate that word similarity is affected by diagnosis of schizophrenia per se, rather than the social factors that are often associated with diagnosis.

>>>>> Table 4 around here <<<<<<<

3. Discussion

Using a computational semantics approach, we examined word similarity during a controlled descriptive discourse task in untreated first episode schizophrenia at baseline and after 6 months of treatment. We report three major findings. First, when faced with the task of providing a description of an unfamiliar concrete referent (a picture), patients with schizophrenia choose words with higher probability of semantic co-occurrence. The likelihood of this phenomenon is more pronounced when psychotic symptoms are severe and functional deficits are profound. Interestingly, this objectively verifiable linguistic feature of higher similarity is seen irrespective of the degree of clinically detectable thought disorder. Second, higher word similarity during the discourse related to lower cognitive control, as indexed by Stroop task, and reduced processing speed, indicating a role for domain general processes in aberrant word choices in schizophrenia. Third, despite symptomatic improvement with treatment (i.e. reduction of positive symptoms), the higher similarity of words used for descriptive purposes worsened with time among patients. This suggests that the restricted sampling from the semantic space is a specific deficit, associated with but not fully explained by the acuity of symptoms and functional deficits, that does not respond to dopaminergic early intervention but follows the trajectory of negative symptoms. Taken together, these three findings imply that language processing anomalies may play a key role in the longitudinal trajectory of psychosis; understanding the mechanisms behind these

disruptions may provide a window to reverse a key factor contributing to persistent deficits among patients.

Semantic impairment in people with schizophrenia is widely reported⁴⁹, however, this evidence relies mostly on comprehension based experimental paradigms^{50–52} or experiments where the semantic retrieval demand, or route in the semantic space, is set by the researchers (stimulus with prime and target) and not chosen by the participants. Studies of the latter type generally involve category fluency tests, wherein patients have either no reduction in overall word similarity or choose adjacent words that are less similar^{26,41}. In contrast to verbal fluency tasks, in a discursive task there is a necessity to ‘forage’ widely to accomplish the goal of description. Such wide foraging appears to be diminished in schizophrenia⁵³. We also note that such a narrowing of semantic sampling space relates to higher Stroop interference effect; thus, a failure of the prefrontal executive control, either in a general- or domain-specific manner⁵⁴, may influence the word choices. The lack of control in the selection of the lexical itemsClick or tap here to enter text. may lead to a restricted repertoire wherein a word and its activated associates^{56,57} dominate the unfolding discourse.

Our study has several strengths as well as some limitations. To our knowledge, this is the first longitudinal report on the nature of word choices made during a discourse in psychosis.

Although the evolution of language or semantics in schizophrenia is still not fully understood, meta-analytical evidence indicates no temporal change when category fluency is tested - indicating its fixed, endophenotype-like stability over time⁵⁸. In contrast, we report the discourse-specific word choice deteriorates over time in early stages of schizophrenia. Secondly, we estimated antipsychotic exposure meticulously over the follow-up period. The discourse-related word similarity did not change in proportion to antipsychotic dose exposure, in contrast

with the reported influence of antipsychotic dose on other NLP measures such as syntactic complexity and percentage of time speaking²³. We were limited in terms of the number of healthy controls for whom we had follow-up assessment of word similarity; nevertheless, this did not diminish our ability to demonstrate group differences in the longitudinal change scores based on within-subject variance. Secondly, our descriptive discourse was constrained by time; we do not know if the choice of words would have been less similar if the discourse was unconstrained and spontaneous. This needs to be examined in future studies with speech elicited in different contexts.

In conclusion, we demonstrate that descriptive discourse in first episode of schizophrenia group is characterised by an aberrantly high semantic co-occurrence that relates to functional deficits and progressively worsens in early stages. Given its relationship with poor functioning, our ability to measure it objectively and repeatedly in a non-invasive manner, we propose this measure to be a suitable treatment target that indexes the core, hitherto unclear, progressive pathology of schizophrenia.

4. Methods

Participants

Eighty-two English-speaking participants were recruited, including 46 with First Episode of Schizophrenia (FES) and 36 healthy controls (HC). FES participants were enrolled through the Prevention and Early Intervention for Psychosis Program of London Health Sciences Centre (Canada) and were diagnosed with Schizophrenia according to the DSM-5 criteria, using a consensus procedure that confirmed diagnosis 6 months after the first presentation⁵⁹. Severity of symptoms was confirmed with the Positive and Negative Syndrome Scale-8 items version

(PANSS) ⁶⁰. The FES participants were drug-naïve for antipsychotics at the time of assessment (total antipsychotic use equal or less than 14 days).

The HC group recruitment criteria included no personal or family mental illness or neurological diseases. The groups were matched in age, sex and level of completed formal education.

Participants were assessed with the Social and Occupational Functioning Assessment Scale (SOFAS) which is a rating scale of functioning level with emphasis on the social and occupational aspects. The SOFAS scores the level of functioning in interpersonal, occupational and self-care roles, without overlapping with symptom measurements ⁶¹. The FES group was assessed with the Calgary Depression Scale (CDS) ⁶² a Clinical Global Impression Scale Severity of Illness (CGI-S) ⁶³. All participants provided written informed consent before assessment and ethics approval was granted by the Human Research Ethics Board at Western University, London, Ontario.

Thirty participants, 20 with schizophrenia (SZ) and 13 HC, were followed up approximately 6 months from the first assessment ($\bar{x} \pm 214.9 \pm 44.9$ days). The medication exposure of the SZ group was calculated according to the Daily Defined Dose (DDD) methodology ⁶⁴. To calculate total exposure, we considered the type of medication, the dose prescribed, the number of days of effective exposure based on treatment compliance over the follow-up time measured using an established instrument ⁶⁵ for adherence that correlates well with pill counts ⁶⁶. As reported in our prior study ⁶⁷, nearly 50% of patients went on long-acting injection by the 1st month of treatment, further ensuring treatment compliance.

Assessment

Participants were cognitively assessed using the digit symbol substitution task oral and written version (DSSTo and DSSTw), Semantic verbal fluency and Stroop test. The DSST oral and

written version was scored counting the number of correct symbols within the allowed time, total DSST was calculated with oral and written version average. For the Semantic verbal fluency task, participants were instructed to say the maximum number of animals in one minute. We analysed the number of words as the mean similarity between words with the Covington Vector semantic tool. In the Stroop test the performance was measured by number of correct answers (S-ACC), the response time in incongruent condition and the Interference score (IG). The IG was calculated with Golden method⁶⁸, in which the predicted color-word (pCW) is the product of the word(W) and color (C) scores with the following formula:

$$pCW = (W \times C) / (W + C)$$

Then, the interference score (IG) was computed subtracting the pCW from the incongruous condition (CW) as follows⁶⁹:

$$IG = CW - pCW$$

The discourse task was the description of 3 images and the scoring was done using the Thought Language Index (TLI). The TLI is a reliable instrument used to assess formal thought disorders under standardized conditions³. The participants are asked to describe Thematic Apperception Test⁷⁰ images and are given one minute for each image. The interviewer prompts the participants if they stop speaking before the time is over. The interview is recorded and later transcribed by research assistants. The transcriptions are then analysed with the Covington Vector semantic tool⁷¹.

Semantic Analysis

The Covington Vector semantic tool (CoVec) is a natural language processing tool based on data from Global Vectors for Word Representation (GloVe) Project, with 840 billion words in English on a 300-element vectors⁷². GloVe measures the likelihood of co-occurrence of words

through vector cosine similarity based on overall statistics of how often the word appear given the context ($P(w|c)$). The GloVe project is count-based model with a large matrix of (words*context) co-occurrence information that is normalized by log-smoothing the matrix. Covic reports the average of similarity, that is, whether successive words are commonly used in the same context (or together), with an n-word frame segment, using all the positions of the frame. Before processing the text, CoVec removes punctuation, marks 'stop words' (eg. "a", "the", "is", "at", among others), and finally, ignores words which are not found in the GloVe dataset (displays a warning of all the missing words). The metrics used include the Number of words (NW), Average Similarity of Words (ASW), summarized as Coherence in the tool, ASW in the full frame of the text (ASW-F) and ASW in 10 words moving window (ASW-10).

Data analysis

Clinical and demographic data were analysed using descriptive and Bayesian statistics. We first compared group performance with a Bayesian t test on the NW and ASW variables. In order to compare the progression of language features, we conducted a Bayesian paired t test between baseline and 6 months follow up measures, then, we estimate the linear change between measures and compare between groups. We conducted a Bayesian Pearson correlation to explore the effect of antipsychotics on our language variables. To address the interaction with cognitive and symptoms variables, a Bayesian correlation were made between semantic co-occurrence and Stroop, DSST, TLI and PANSS. The variables were correlated considering the linear change between baseline and follow up and were standardized by dividing the linear change with the baseline. Finally, we test the effect of the use of language other than English, educational background and socio-economic status of the parents with Bayesian t test for two groups

stratification and Bayesian ANOVA for three groups stratification. The prior distribution for the parameter was set by default. All the statistical analysis used JASP version 0.14.0.1⁷³ and the figures were made on Python in Jupyter Notebook 6.1.5⁷⁴.

Acknowledgements

We appreciate all the participants and their families for the time and effort to contribute to this study. We are grateful to Peter Jeon (Robarts Research Institute) for Stroop task data acquisition. We thank Michael Covington (Covington Innovations) for providing us his CoVec NLP tool. We thank all research team members of the NIMI lab and all the staff members of the PEPP London team, particularly Drs. Kara Dempster (currently at Dalhousie University), Julie Richard, Priya Subramanian and Hooman Ganjavi for their assistance in patient recruitment and supporting clinical care.

Author Contributions

MFA and LP conceptualized the project, SF and MM collected the data, MF analysed the data, MF and LP wrote the manuscript; RL, AS and all authors critically reviewed and approved the final version of the manuscript.

Competing interests

LP reports personal fees from Otsuka Canada, SPMM Course Limited, UK, Canadian Psychiatric Association; book royalties from Oxford University Press; investigator-initiated educational grants from Janssen Canada, Sunovion and Otsuka Canada outside the submitted work. LP is the convenor of the DISCOURSE in psychosis consortium (www.discourseinpsychosis.org). All other authors report no relevant conflicts.

Funding

This study was funded by The Canadian Institutes of Health Research (CIHR) Foundation Grant (375104/2017). This work was also supported by the National Agency for Research and Development (ANID), Scholarship Program, Becas Chile 2019, Postdoctoral Fellow 74200048 (MA); Parkwood Institute Studentship and the Jonathan and Joshua Memorial Scholarship to MM; We also acknowledge support from the Bucke Family Fund, The Chrysalis Foundation and The Arcangelo Rea Family Foundation (London, Ontario).

References

1. Merlo, S. & Mansur, L. L. Descriptive discourse: Topic familiarity and disfluencies. *Journal of Communication Disorders* **37**, 489–503 (2004).
2. Rosenstein, M., Foltz, P. W., DeLisi, L. E. & Elvevåg, B. Language as a biomarker in those at high-risk for psychosis. *Schizophrenia Research* **165**, 249–250 (2015).
3. Liddle, P. F. *et al.* Thought and language index: An instrument for assessing thought and language in schizophrenia. *British Journal of Psychiatry* **181**, 326–330 (2002).
4. Andreasen, N. C. & Grove, W. M. *Thought, language, and communication in schizophrenia: diagnosis and prognosis. Schizophrenia bulletin* vol. 12 <http://schizophreniabulletin.oxfordjournals.org/> (1986).
5. Ayer, A. *et al.* Formal thought disorder in first-episode psychosis. *Comprehensive Psychiatry* **70**, 209–215 (2016).
6. Mota, N. B., Copelli, M. & Ribeiro, S. Thought disorder measured as random speech structure classifies negative symptoms and schizophrenia diagnosis 6 months in advance. *npj Schizophrenia* **3**, 1–10 (2017).
7. Spencer, T. J. *et al.* Lower speech connectedness linked to incidence of psychosis in people at clinical high risk. *Schizophrenia Research* **228**, 493–501 (2021).
8. Palaniyappan, L. *et al.* Speech structure links the neural and socio-behavioural correlates of psychotic disorders. *Progress in Neuro-Psychopharmacology and Biological Psychiatry* **88**, 112–120 (2019).
9. Sherratt, S. Multi-level discourse analysis: A feasible approach. *Aphasiology* **21**, 375–393 (2007).
10. Dell, G. Connectionist models of language production: lexical access and grammatical encoding. *Cognitive Science* **23**, 517–542 (1999).
11. Turney, P. D. & Pantel, P. From frequency to meaning: Vector space models of semantics. *Journal of Artificial Intelligence Research* **37**, 141–188 (2010).
12. Collins, A. M. & Loftus, E. F. A spreading-activation theory of semantic processing. *Psychological Review* **82**, 407–428 (1975).

13. Roelofs, A. A unified computational account of cumulative semantic, semantic blocking, and semantic distractor effects in picture naming. *Cognition* **172**, 59–72 (2018).
14. Rabagliati, H., Delaney-busch, N., Snedeker, J. & Kuperberg, G. Spared bottom-up but impaired top-down interactive effects during naturalistic language processing in schizophrenia: evidence from the visual-world paradigm. (2018).
15. Chiou, R., Humphreys, G. F., Jung, J. Y. & Lambon Ralph, M. A. Controlled semantic cognition relies upon dynamic and flexible interactions between the executive ‘semantic control’ and hub-and-spoke ‘semantic representation’ systems. *Cortex* **103**, 100–116 (2018).
16. Kuperberg, G. R. *et al.* Multimodal neuroimaging evidence for looser lexico-semantic networks in schizophrenia: Evidence from masked indirect semantic priming. *Neuropsychologia* **124**, 337–349 (2019).
17. Westerhausen, R., Kompus, K. & Hugdahl, K. Impaired cognitive inhibition in schizophrenia: A meta-analysis of the Stroop interference effect. *Schizophrenia Research* **133**, 172–181 (2011).
18. Lesh, T. A. *et al.* Proactive and reactive cognitive control and dorsolateral prefrontal cortex dysfunction in first episode schizophrenia. *NeuroImage: Clinical* **2**, 590–599 (2013).
19. Barch, D. M. *et al.* Increased Stroop facilitation effects in schizophrenia are not due to increased automatic spreading activation. *Schizophrenia Research* **39**, 51–64 (1999).
20. Kircher, T. *et al.* A rating scale for the assessment of objective and subjective formal thought and language disorder (TALD). *Schizophrenia Research* **160**, 216–221 (2014).
21. Sommer, I. E. *et al.* Formal thought disorder in non-clinical individuals with auditory verbal hallucinations. *Schizophrenia Research* **118**, 140–145 (2010).
22. Crider, A. Perseveration in schizophrenia. *Schizophrenia Bulletin* **23**, 63–74 (1997).
23. de Boer, J. N., Voppel, A. E., Brederoo, S. G., Wijnen, F. N. K. & Sommer, I. E. C. Language disturbances in schizophrenia: the relation with antipsychotic medication. *npj Schizophrenia* **6**, 1–9 (2020).
24. de Boer, J. N. *et al.* Language in schizophrenia: relation with diagnosis, symptomatology and white matter tracts. *npj Schizophrenia* **6**, 1–10 (2020).
25. Mota, N. B. *et al.* Speech graphs provide a quantitative measure of thought disorder in psychosis. *PLoS ONE* **7**, 1–9 (2012).
26. Elvevåg, B., Foltz, P. W., Weinberger, D. R. & Goldberg, T. E. Quantifying incoherence in speech: An automated methodology and novel application to schizophrenia. *Schizophrenia Research* **93**, 304–316 (2007).
27. Bedi, G. *et al.* Automated analysis of free speech predicts psychosis onset in high-risk youths. *npj Schizophrenia* **1**, (2015).
28. Corcoran, C. M. *et al.* Prediction of psychosis across protocols and risk cohorts using automated language analysis. *World Psychiatry* **17**, 67–75 (2018).
29. Iyer, D., Yoon, J. & Jurafsky, D. Automatic Detection of Incoherent Speech for Diagnosing Schizophrenia. 136–146 (2018) doi:10.18653/v1/w18-0615.

30. Elvevåg, Brita; Foltz, Peter W; Rosenstein, Mark; DeLisi, L. E. An automated method to analyze language use in patients with schizophrenia and their first-degree relatives. *J Neurolinguistics* **23**, 270–284 (2010).
31. Holshausen, Katherine; Harvey, Philip D; Elvevåg, Brita; Foltz, Peter W.; Bowie, C. R. Latent semantic variables are associated with formal thought disorder and adaptive behavior in older inpatients with schizophrenia. *Cortex* **55**, 88–96 (2014).
32. Tagamets, M. A., Cortes, C. R., Griego, J. A. & Elvevåg, B. Neural correlates of the relationship between discourse coherence and sensory monitoring in schizophrenia. *Cortex* **55**, 77–87 (2014).
33. Voleti, R., Member, S., Liss, J. M. & Berisha, V. A Review of Automated Speech and Language Features for Assessment of Cognitive and Thought Disorders. 1–19 (2019).
34. Voppel, A., de Boer, J., Brederoo, S., Schnack, H. & Sommer, I. Quantified language connectedness in schizophrenia-spectrum disorders. *Psychiatry Research* **In press**, 114130 (2021).
35. Voleti, R. *et al.* Objective assessment of social skills using automated language analysis for identification of schizophrenia and bipolar disorder. *Proceedings of the Annual Conference of the International Speech Communication Association, INTERSPEECH 2019-Septe*, 1433–1437 (2019).
36. Rezaii, N., Walker, E. & Wolff, P. OPEN A machine learning approach to predicting psychosis using semantic density and latent content analysis. *npj Schizophrenia* (2019) doi:10.1038/s41537-019-0077-9.
37. Just, S. A. *et al.* Modeling Incoherent Discourse in Non-Affective Psychosis. *Frontiers in Psychiatry* **11**, 1–11 (2020).
38. Sarzynska-Wawer, J. *et al.* Detecting formal thought disorder by deep contextualized word representations. *Psychiatry Research* **304**, 114135 (2021).
39. Tang, S. X. *et al.* Natural language processing methods are sensitive to sub-clinical linguistic differences in schizophrenia spectrum disorders. *npj Schizophrenia* **7**, 1–8 (2021).
40. Pauselli, L. *et al.* Computational linguistic analysis applied to a semantic fluency task to measure derailment and tangentiality in schizophrenia. *Psychiatry Research* **263**, 74–79 (2018).
41. Ku, B. S., Pauselli, L., Covington, M. A. & Compton, M. T. Computational linguistic analysis applied to a semantic fluency task: A replication among first-episode psychosis patients with and without derailment and tangentiality. *Psychiatry Research* **304**, 114105 (2021).
42. Hoffman, P., Cogdell-Brooke, L. & Thompson, H. E. Going off the rails: Impaired coherence in the speech of patients with semantic control deficits. *Neuropsychologia* **146**, 107516 (2020).
43. Elvevåg, B., Foltz, P. W., Weinberger, D. R. & Goldberg, T. E. *Quantifying incoherence in speech: An automated methodology and novel application to schizophrenia*. <http://lsa.colorado.edu/>.
44. Bar, K. *et al.* Semantic Characteristics of Schizophrenic Speech. 84–93 (2019) doi:10.18653/v1/w19-3010.

45. Hitezenko, K., Mittal, V. A. & Goldrick, M. Understanding Language Abnormalities and Associated Clinical Markers in Psychosis: The Promise of Computational Methods. 1–19 (2020) doi:10.1093/schbul/sbaa141.
46. Hoffman, R. E., Kirstein, L., Stopek, S. & Cicchetti, D. v. Apprehending schizophrenic discourse: A structural analysis of the Listener's task. *Brain and Language* **15**, 207–233 (1982).
47. Silva, A., Limongi, R., MacKinley, M. & Palaniyappan, L. Small Words That Matter: Linguistic Style and Conceptual Disorganization in Untreated First-Episode Schizophrenia. *Schizophrenia Bulletin Open* **2**, 1–10 (2021).
48. Palaniyappan, L. More than a biomarker: could language be a biosocial marker of psychosis? *npj Schizophrenia* **7**, 13–15 (2021).
49. Minzenberg, M. J., Ober, B. A. & Vinogradov, S. Semantic priming in schizophrenia: A review and synthesis. *J Int Neuropsychol Soc* **8**, 699–720 (2002).
50. Kuperberg, G. R. Building meaning in schizophrenia. *Clinical EEG and Neuroscience* **39**, 99–102 (2008).
51. Kuperberg, G. R. Separate streams or probabilistic inference? What the N400 can tell us about the comprehension of events. **3798**, (2016).
52. Kuperberg, G. R. Language in Schizophrenia Part 1: An Introduction. *Linguistics and Language Compass* (2010) doi:10.1111/j.1749-818X.2010.00216.x.
53. Lundin, N. B. *et al.* Semantic Search in Psychosis: Modeling Local Exploitation and Global Exploration. *Schizophrenia Bulletin Open* **1**, 1–11 (2020).
54. Waford, R. N. & Lewine, R. Is perseveration uniquely characteristic of schizophrenia? *Schizophrenia Research* **118**, 128–133 (2010).
55. Chaika, E. A unified explanation for the diverse structural deviations reported for adult schizophrenics with disrupted speech. *Journal of Communication Disorders* **15**, 167–189 (1982).
56. Maher, B. A., Manschreck, T. C. & Molino, M. A. C. Redundancy, pause distributions and thought disorder in schizophrenia. *Language and Speech* **26**, 191–199 (1983).
57. Manschreck, T. C., Ames, D., Maher, B. A. & Hoover, T. M. Repetition in schizophrenic speech. *Language and Speech* **28**, 255–268 (1985).
58. Szöke, A. *et al.* Longitudinal studies of cognition in schizophrenia: Meta-analysis. *British Journal of Psychiatry* **192**, 248–257 (2008).
59. Leckman, J. F., Sholomskas, D., Thompson, D., Belanger, A. & Weissman, M. M. Best Estimate of Lifetime Psychiatric Diagnosis: A Methodological Study. *Archives of General Psychiatry* **39**, 879–883 (1982).
60. Kay, S. R. & Qpjer, L. A. The Positive and Negative Syndrome Scale (PANSS) for Schizophrenia. *Schizophrenia Bulletin* **13**, (1982).
61. Rybarczyk, B. *Encyclopedia of Clinical Neuropsychology. Encyclopedia of Clinical Neuropsychology* (Springer, 2011). doi:10.1007/978-0-387-79948-3.
62. Addington, Donald; Addington, Jean; Maticka-Tyndale, E. Assessing depression in schizophrenia: The Calgary Depression Scale. The British Journal of Psychiatry, Vol 163(Suppl 22), Dec 1993, 39-44. *The British Journal of Psychiatry*, **Vol 163**(Su, 39–44 (1993).
63. Guy W, E. *ECDEU: Assessment Manual for Psychopharmacology (revised)*. *Nimh* vol. 1 (DHEW, 1976).

64. WHO Collaborating Centre for Drug Statistics Methodology. *Guidelines for ATC classification and DDD assignment 2021*. vol. 148 (Norwegian Institute of Public Health, 2021).
65. Malla, A. *et al.* Predictors of rate and time to remission in first-episode psychosis: A two-year outcome study. *Psychological Medicine* **36**, 649–658 (2006).
66. Cassidy, C. M., Rabinovitch, M., Schmitz, N., Joobar, R. & Malla, A. A comparison study of multiple measures of adherence to antipsychotic medication in first-episode psychosis. *Journal of Clinical Psychopharmacology* **30**, 64–67 (2010).
67. Dempster, K. *et al.* Early treatment response in first episode psychosis: a 7-T magnetic resonance spectroscopic study of glutathione and glutamate. *Molecular Psychiatry* **25**, 1640–1650 (2020).
68. Golden, C. *Stroop Color and Word Test: A Manual for Clinical and Experimental Uses*. (Stoelting C, 1978). doi:10.1007/978-3-319-57111-9_660.
69. Scarpina, F. & Tagini, S. The stroop color and word test. *Frontiers in Psychology* **8**, 1–8 (2017).
70. Murray, H. *Thematic Apperception Test*. (Harvard University Press, 1943).
71. Covington, M. A. Covington Vector Semantics Tools. (2016).
72. Pennington, J., Socher, R. & Manning, C. D. GloVe: Global Vectors for Word Representation. *Conference: Proceedings of the 2014 Conference on Empirical Methods in Natural Language Processing (EMNLP)* 1532–1543 (2014) doi:10.3115/v1/D14-1162.
73. Team, J. JASP. (2020).
74. Kluyver, T. *et al.* Jupyter Notebooks – a publishing format for reproducible computational workflows. in *In Positioning and Power in Academic Publishing: Players, Agents and Agendas*. (eds. Loizides, F. & Schmidt, B.) 87–90 (IOS Press., 2016). doi:doi:10.3233/978-1-61499-649-1-87.

Table 1.

	HC	FES	BF ₁₀	Effect size
	Mean \pm SD	Mean \pm SD		δ 95% CI
Age	21.4 \pm 3.2	22.0 \pm 3.6	0.308	-0.56, 0.24
Gender	67% male	77% male	0.509	-1.48, 0.46
Educational level (<12/ \geq 12 years)	27% / 73%	37% / 63%	0.474	-1.41, 0.46
PANSS-8 Positive	-	12.1 \pm 3.0	-	-
PANSS-8 Negative	-	7.4 \pm 4.3	-	-
PANSS-8 total	-	25.6 \pm 6.8	-	-
SOFAS	80.2 \pm 10	39.3 \pm 13.3	>10000	
CDS	-	3.5 \pm 3.3	-	-
CGI	-	5.2 \pm 0.9	-	-
TLI total	0.28 \pm 0.3	1.60 \pm 1.3	>10000	-1.65, -0.69
TLI Disorganization of Thinking	0.153 \pm 0.2	1.01 \pm 1.1	674	-1.38, -0.45
TLI Impoverishment of Thinking	0.13 \pm 0.2	0.58 \pm 0.7	41.4	-1.17, -0.27
TLI Dysregulation	0.06 \pm 0.16	0.17 \pm 0.29	1.69	-0.85, -0.00
DSST	68.6 \pm 11.3	52.8 \pm 13.9	>10000	0.66, 1.63
Semantic Verbal Fluency	26.6 \pm 6.9	19.8 \pm 6.2	646	0.47, 1.45
Stroop Accuracy	78.2 \pm 3.1	70.8 \pm 13.1	19.93	0.22, 1.33
Stroop ACC Congruent	19.7 \pm 0.7	18.5 \pm 3.1	1.93	0.01, 0.89
Stroop ACC Incongruent	18.8 \pm 1.6	16 \pm 4.2	64.2	0.30, 1.23
Stroop total time	74.6 \pm 11.3	84.8 \pm 17.0	11.12	-1.07, -0.17

Stroop per word Congruent	0.86 ±0.15	0.98 ±0.19	16.15	-1.04, -0.16
Stroop per word Incongruent	1.10 ±0.16	1.21 ±0.25	4.53	-0.91, -0.08
Stroop IG	8.89 ±1.5	7.09 ±3.5	12.2	0.14, 1.02
Daily dose	-	0.81 ±0.49		
Total dose		160.7 ±110		

Mean and Standard deviations are shown for continuous variables, with percentages for categorical variables. BF₁₀: Bayes Factor. SOFAS: Social and Occupational Functioning Assessment Scale. CDS: Calgary Depression Scale. CGI-S: Clinical Global Impressions Scale Severity of Illness, TLI: Thought and Language Index; Impoverishment: Poverty of Speech + Weakening of Goal; Disorganized Thinking: Peculiar words + sentences + illogicality; Dysregulation: Perseveration + Distractibility. DSST: Digit Symbol Substitution Test. Stroop ACC: Stroop total accuracy, Stroop IG: Stroop interference score - Golden method. Daily dose: average Daily Defined Dose, Total Dose: total exposure calculated based on Daily Dose and number of days of exposure.

Table 2. Summary group differences at baseline

	HC	FES	BF ₁₀	Effect size
	Mean \pm SD	Mean \pm SD		δ 95% CI
NW	70.6 \pm 14.9	68.4 \pm 30.3	0.249	-0.32, 0.48
ASW-F	0.334 \pm 0.025	0.352 \pm 0.034	6.53	-1.05, -0.17
ASW-10	0.400 \pm 0.023	0.421 \pm 0.031	32.76	-1.14, -0.25

NW: Number of words, ASW-F: Average Similarity of Words full frame, ASW-10: Average Similarity of 10 words frame. Note that the variables reported here are individually averaged across 3 speech samples per subject. BF₁₀: Bayes Factor.

Table 3. Summary of baseline and follow up 6 months comparison.

	HC					SZ					BF ₁₀ linear
	Baseline	6 months	Paired	Linear change		Baseline	6 months	Paired	Linear change		change
	Mean	Mean	BF ₁₀	Mean	δ 95%	Mean ±SD	Mean	BF ₁₀	Mean	δ 95%	*groups
	±SD	±SD		±SD	CI		±SD		±SD	CI	
NW	69.2	70.0	0.28	0.76	-5.88,	66.9 ±30.0	52.1 ±19.8	1.74	-16.62	-30.50,	0.13
	±13.9	±12.4		±11.0	7.41				±29.6	-2.750	
ASW-	0.332	0.324	0.44	-0.008	-0.025,	0.337	0.353	2.07	0.020	0.004,	6.32
F	±0.02	±0.01		±0.028	0.009	±0.02	±0.03		±0.033	0.035	
ASW-	0.398	0.391	0.38	-0.007	-0.024,	0.407	0.414	0.61	0.011	-0.001,	2.37
10	±0.02	±0.02		±0.028	0.010	±0.02	±0.02		±0.026	0.023	

NW: Number of words, ASW-F: Average Similarity of Words full frame, ASW-10: Average

Similarity of 10 words frame. BF₁₀: Bayes Factor. δ 95% CI: Effect Size 95% credible interval

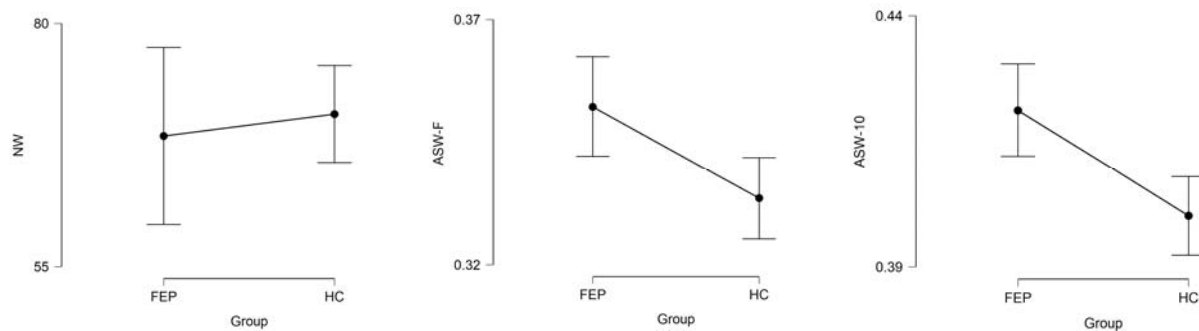
Table 4. Relationship between 6-months change in linguistic variables and medication dose.

	Pearson's r	BF ₀₁	Lower 95% CI	Upper 95% CI
Daily Dose - NW	0.105	0.303	-0.330	0.491
Daily Dose- ASW-F	-0.161	0.343	-0.530	0.283
Total Dose - NW	0.083	0.293	-0.348	0.475
Total Dose- ASW-F	-0.225	0.424	-0.574	0.227

Daily dose = average Daily Defined Dose, Total Dose: total exposure calculated based on Daily Dose and number of days of exposure. NW - Number of words. ASW-F: Average Similarity of Words full frame.

Figure 1: Group differences in linguistic variables at baseline and the change over time of linguistic variables

Baseline



Linear change

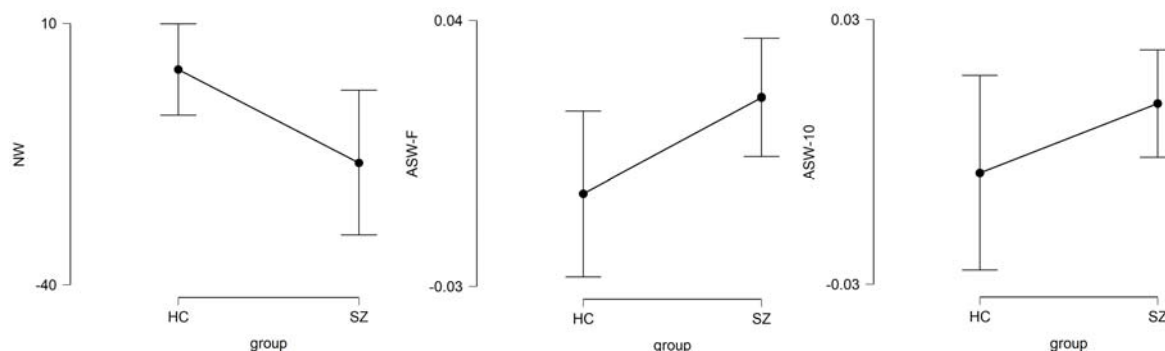


Figure 1. Descriptive plots of 95% credible interval between groups. NW: Number of words. ASW-F: Average Similarity of Words full frame. ASW-10: Average Similarity of Words 10 words moving window. FES: First Episode of Schizophrenia. HC: Healthy control. SZ: Group with Schizophrenia.

Figure 2

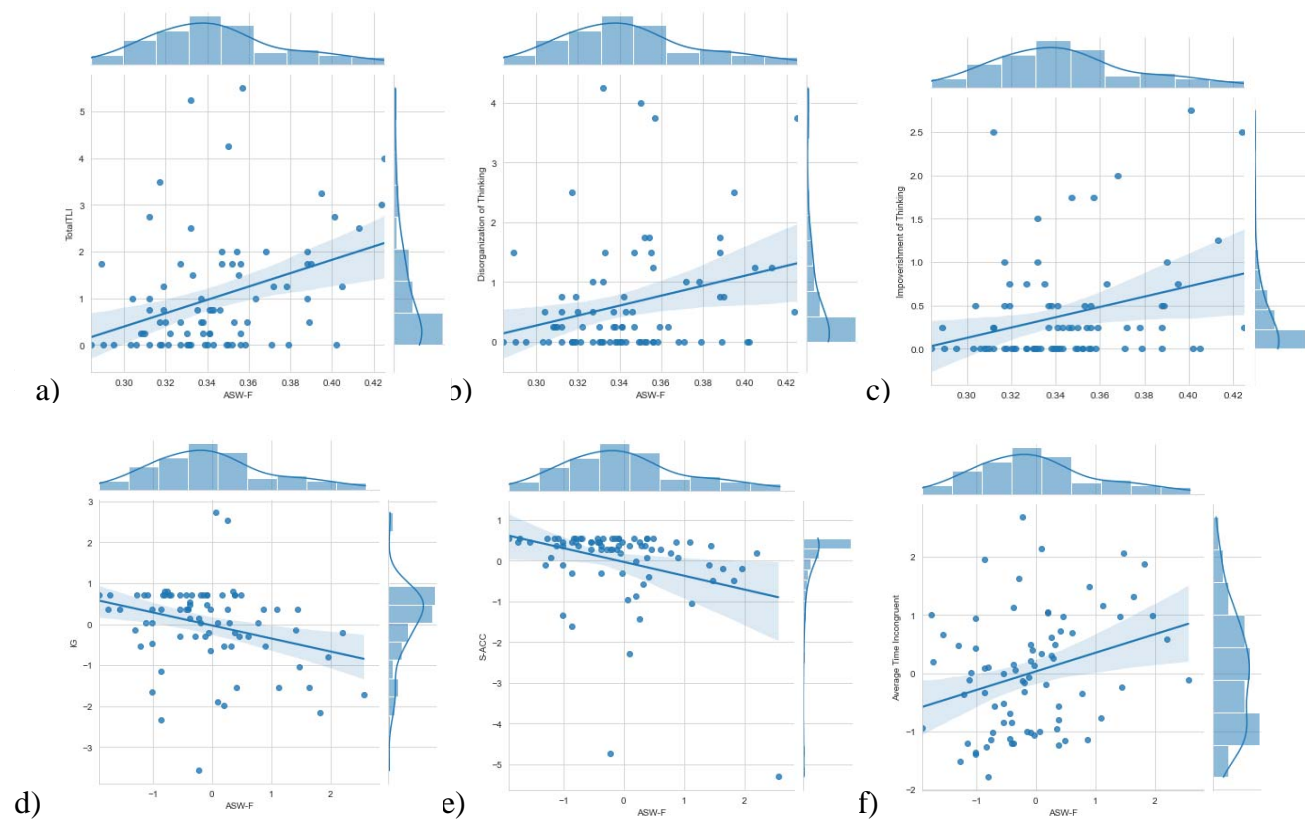


Figure 2. Correlation between ASW-F and TLI symptoms. ASW-F: Average similarity of Words full frame with a) Total TLI (Thought Language Index), b) Disorganization of thinking and c) Impoverishment of thinking, d) IG: Interference score, e) S-ACC: Stroop accuracy and f) Response time incongruent condition.